



# Feeding Chittenden October 2021 Newsletter



## Another Community Kitchen Academy Session Wraps Up



October 7th marks the end of another session of the Community Kitchen Academy, the culinary training program operated in partnership with the Vermont Foodbank. Over the past seven weeks, our kitchen has been bustling with activity as this talented pair of future chefs worked to develop their professional and interpersonal skills to secure future employment in the hospitality industry, all while providing us with filling, nutritious (not to mention tasty!) food to distribute to community members. We are immensely proud of their efforts and dedication during this session and cannot wait to hear about the next chapter of their careers. Join us in congratulating them on completing this professional milestone!



## Colder weather is approaching...

As we begin the month of October, we all brace for colder weather...and higher heating bills. Feeding Chittenden works to alleviate hunger everyday by feeding people and cultivating opportunities, and we hope to lessen the pressure of those everyday seasonal expenses: no one should have to choose between warmth and food.

As the largest direct service emergency food provider in Vermont, Feeding Chittenden serves over 12,000 people each year. With the rapid approach of winter and the holiday season, our services become even more critical. Please consider supporting our mission to fight against hunger and poverty in our community by donating today.

**donate  
today**

## Shout Out to a Rock Star Volunteer, Kirk!

Volunteers are a crucial part of our fight against hunger in Chittenden county and greater Vermont. This month we celebrated Kirk, one of our great food shelf volunteers. In addition to donating his time to the Morning Meal Program and Grocery Distribution over the last two years, Kirk has also created several beautiful painted signs for our community gardens, which you may have spotted at our raised beds. Kirk is currently studying at UVM in the School of Community Development and Applied Economics.

“It’s been a great way to dip my toes into the kind of work I see myself doing,” he says of his time with Feeding Chittenden. Kirk plans to work on creating affordable housing when he finishes his degree, though his other passion is art.

The meaning of the pieces he shared with us, he says, is about “people feeling comfortable and safe with their local food shelf, feeling like they have the ability to come and interact with their neighbors, to get food themselves, and to learn and teach skills in cultivating food.” Thank you for all that you do, Kirk!



### Follow Us on Social Media & Check out our Blog!

Stay up to date on all things Feeding Chittenden and see how your support makes change in our community!



[Feeding Chittenden Blog](#)

Feeding Chittenden is a program of

