



Pandemic-era federal food funding has come to an end, and more people are turning to Feeding Chittenden for help than ever before.

We are doing everything we can to provide enough, nutritious food to those in need. Friends at Evernorth, will you make a gift today to help us fight hunger?

In the past year, 2 in 5 people in Vermont have experienced hunger. With recent cuts to federal nutrition benefits and the increasing price of groceries and cost of living, *our neighbors in need are facing tough times*

We are all feeling the impact of rising food costs. In the last year alone, the price of groceries has gone up over 11%, with certain food groups like dairy and vegetables spiking even higher.

Families living paycheck to paycheck feel this the most and many are cutting back on food purchasing or substituting cheaper food items in order to make ends meet.

Over 65,000 Vermonters rely on SNAP and other federal nutrition benefits to access enough, healthy food. Recent legislation has cut these benefits. This Spring many households are losing anywhere from \$100 to \$600 a month in federal aid.

These families face hard choices as they balance high cost of living with little to no increase in wages. Feeding Chittenden is bracing for a surge in demand. We are doing everything we can to lessen this burden on our neighbors in need, but we can't do it alone.

Your help is critical in getting groceries and prepared meals to seniors, people living with disabilities, children, veterans, people experiencing homelessness, New Americans, and working families.

Can we count on your support?

Sierra and George, parents of 4-year-old Tucker and 1-year-old Marie, have been living in a motel for the last year. The family receives food deliveries through Feeding Chittenden's Food Access Network – a critical support system, especially when their food stamps run out towards the end of the month.

Sierra loves everything that comes in the food boxes, especially because she

gets to select the items ahead of time and knows exactly what to expect.



“I try to get vegetables and fruits, because my kids love them. They’re not very picky at all, which is a good thing.”

Sierra gets her food order from Head Start when she picks up her children, which makes it convenient and accessible.

Living in the motel has been hard. The family of four has only one room with a very small fridge, so keeping perishable food stocked is a huge challenge. Sierra, who is expecting the couple's third child this summer, receives WIC support, which is helpful but she can't always use everything it provides – *“I just feel bad when they give me a gallon of milk...I end up having to go to the grocery store to get a pint of milk so that it will fit in the motel fridge.”*

Sierra and her family have things to look forward to this Spring. They are moving out of the motel and into their own place.

“We’ll have our own kitchen, the kids will have their own room, I can’t wait.”

Their new house is far from the nearest food shelf, but Feeding Chittenden will continue to deliver food to ensure that healthy food is available even in more rural and isolated parts of the state.

Thanks to you, we will maintain support for Sierra’s family and many more like them as they start new beginnings. We are deeply grateful for any amount you are able to contribute.

Your gift makes new beginnings possible for those who are struggling.

This work is essential, and with your help we will continue to reach more individuals and families who need our help. *Thank you.*

With appreciation,

Donate Today

Attention all volunteers!

The Food Access Network needs assistance on Friday afternoons to help deliver groceries to families in Colchester and Essex. The volunteer will use their personal vehicle and will be lifting grocery boxes up to 25lbs.

For more information, contact Julia MacGibeny, our Food Access Manager, at jmacgibeny@cvoeo.org.



We are still seeing a significant increase in community members needing our services and expect that number to continue to grow. Supporters of Feeding Chittenden who give on a monthly basis join our Full Plate Club! These invested community members prioritize and sustain our work fighting hunger within Chittenden county and greater Vermont. Consistent gifts provide reliable funding to our programs year-round, ensuring that our recipients can count on access to the food they need, whenever they may need it. When you join the Full Plate Club, you are making a promise to fight hunger in your community and stand by your neighbors in need. Your generosity each month helps to expand access, create choice, minimize stigma, and reduce waste.

[To join the Full Plate Club, please click here.](#)

Follow Us on Social Media & Check out our Blog!

Stay up to date on all things Feeding Chittenden and see how your support makes change in our

community!



Feeding Chittenden Blog

Feeding Chittenden is a program of



Feeding Chittenden at CVOEO | 228 North Winooski Ave, Burlington, VT 05401

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